



TAGUIG CITY
PHILIPPINES

TAGUIG SAFE CITY TASK FORCE

12 November 2021

TAGUIG SAFE CITY TASK FORCE
ADVISORY NO. 56

TO : ALL RESIDENTS, EMPLOYEES, EMPLOYERS AND OWNERS OF FITNESS STUDIOS, GYMS, AND INDOOR AND OUTDOOR SPORTS COURTS OR VENUES, OFFICERS AND EMPLOYEES OF THE BARANGAY AND RELEVANT GOVERNMENT OFFICES, AND OTHER STAKEHOLDERS OF THE CITY OF TAGUIG

RE: **Guidelines on the Conduct of Group Exercise Activities in the City of Taguig**

In order to properly implement Inter-Agency Task Force for the Management of Emerging Infectious Diseases (IATF-EID) Resolution No. 147 and the IATF Guidelines on the Implementation of Alert Levels System for COVID-19 Response in Pilot Areas, dated 4 November 2021, regarding the implementation of the General Community Quarantine (GCQ) Alert Level 2 in the National Capital Region (NCR), the following guidelines on the Conduct of Group Exercise Activities must be followed:

A. General Guidelines

1. Group exercise activities such as, but not limited to, zumba, aerobics, yoga, cycling, spinning, rowing, or any other organized activity in which people work out as a group are now allowed.
2. Fitness studios, gyms, and venues that conduct group exercise activities are allowed to operate at:
 - i. Fifty percent (50%) venue or seating capacity for indoor areas and spaces; and,
 - ii. Seventy percent (70%) venue or seating capacity for outdoor areas and spaces.
3. All individuals who wish to participate in group exercise activities in public areas or government owned or managed establishments or venues, must register and coordinate with the Barangay where the activity will be conducted. Participants must be asked to register using the online registration form at <http://bit.ly/TaguigGroupExercises>.
4. Participants of group exercise activities in private establishments or areas, including but not limited to gyms, courts, parks, clubhouses and other private spaces, must coordinate and register with the

Taguig City Hall,
Gen. Antonio Luna St.
Tuktukan, Taguig City
1637 Philippines
Tel. No. (632) 555 7800
Fax No. (632) 642 3588
www.taguig.gov.ph



Designated Safety Officer (DSO) of the establishment or area. Participants shall be asked to register using the online registration form at <http://bit.ly/TaguigGroupExercises>.

5. All areas where group exercise activities will be conducted must observe the following:
 - i. All participants must have a Taguig Registry for Access and Citizen Engagement (TRACE) Identification Number.

Participants without a TRACE registration may:

- a) Register online at <https://trace.taguig.gov.ph>,
 - b) Download and register using the mobile application available in the App Store or Google Play Store, or
 - c) Visit any of the TRACE Kiosks located at the Barangay Hall where they reside or where the venue of the activity is located;
- ii. All employees of private establishments and spaces, as well as administrators or managers of government owned and managed venues and spaces, must be fully vaccinated;
 - iii. An administrator or manager of the venue or space must be put in-charge of the scheduling of group exercise activities in their area or establishment. Schedule of group exercise activities must be posted in all entrances or conspicuous places of the area or venue, and posted in their social media pages and/or website;
 - iv. There shall be body temperature checks for employees, participants and attendees. Those with a body temperature exceeding 37.5 degrees Celsius, or those exhibiting flu-like symptoms shall not be allowed to participate;
 - v. All establishments or venues must post health and safety standards and reminders in conspicuous places throughout the venue to ensure compliance with the minimum public health standards;
 - vi. All establishments must also provide sanitizing stations in strategic areas of the venue; and,
 - vii. A Designated Safety Officer (DSO), who shall ensure the proper enforcement and implementation of the general and specific guidelines for group exercise activities stated herein, must be present at all times.

B. Allowed Individuals

1. Group exercise activities in indoor areas shall only be allowed for fully vaccinated individuals.
2. Fully vaccinated individuals who wish to participate in group exercise activities conducted in indoor areas must present the following valid proof of vaccination:
 - a. For those vaccinated in Taguig, their Taguig Vaccination Card or Digital Vaccine Health Pass; or
 - b. For those vaccinated outside Taguig, their Vaccination Certificate; and,
 - c. A valid government-issued ID with picture and address.
3. Minors, regardless of vaccination status, may participate in group exercise activities.
4. Adults who have not been fully vaccinated may only participate in group exercise activities conducted in outdoor areas. Outdoor areas are defined as those that allow free air movement from all directions and may be covered by a roof, supported by posts, and not surrounded by walls.

C. Specific Guidelines

All participants of group exercise activities, whether indoor or outdoor, must observe the following:

1. Participants must exercise or workout within their assigned personal workout mat, machine, space or box during the whole duration of the group exercise activity;
2. The personal workout mat, machine, space or box must be distanced not less than one (1) meter from each other on all sides;
3. Participants may remove their face mask during the group exercise activity, provided that they exercise or workout within their assigned personal workout mat, machine, space or box. Face masks must be worn outside their assigned space or personal exercise area;
4. For one-on-one sessions or small group exercise activities, personal trainers or instructors must wear a face mask at all times;
5. In gyms or other indoor spaces and venues that have limited space and cannot properly implement the use of assigned personal

workout mats, machines, spaces or boxes that are properly distanced, the wearing of face masks shall be mandatory for all participants, trainers, instructors and employees at all times.

The implementation of the guidelines provided above shall be closely and regularly monitored. These guidelines are subject to change, in accordance with the evaluation of the Safe City Task Force and the issuances of the IATF-EID, and other relevant national government agencies and offices.

Any person in violation of these guidelines shall be penalized in accordance with Republic Act No. 11332, otherwise known as the "*Mandatory Reporting of Notifiable Diseases and Health Events of Public Health Concern Act*" in relation to Presidential Proclamation No. 922, Taguig City Ordinance No. 24, Series of 2020, otherwise known as the "*New Normal Ordinance of Taguig City*" and other applicable laws and ordinances. This will be without prejudice to the filing of an administrative case if the violator is a government official or employee.

For guidance and strict compliance.

By Authority of the Mayor:

(Original Signed)

ATTY. CLARENCE S. SANTOS
Chairman, Taguig Safe City Task Force

Noted by:

(Original Signed)

ATTY. LYLE C. PASCO
City Administrator